

THE DALAL FAMILY FOUNDATION SUPPORTS IMAGINE'S

"NIGHTS OF SUPPORT" PROGRAM

Grant from the Foundation Will Expand Grief Support Services for Hundreds of Bereaved Children and Families in New Jersey

Imagine, A Center for Coping with Loss, is proud to announce a generous grant from The Dalal Family Foundation to support its Nights of Support programming. This vital funding will help Imagine continue providing free, trauma-informed, peer grief support for children, young adults, and families coping with the death of a parent, sibling, or other close loved one.

Now in its 13th year, Imagine's Nights of Support offer bi-weekly grief support groups for children ages 3–18 and young adults 18–30, as well as separate concurrent groups for their parents or caregivers. These groups provide a safe, nurturing environment where participants can mourn their loss, build healthy coping skills, and connect with others who truly understand what they're going through. One young Imagine participant put it best: "At school, I didn't know anyone else whose dad died. But when I come to Imagine, other kids lost their dad too and it feels good to know I'm not alone."

The Dalal Family Foundation, established by Nayan Dalal in 1997, has worked for more than 25 years to improve and strengthen the health, education, and wellness of communities across the United States and India. The Foundation envisions a world where all children have access to education and where vulnerable populations, including the elderly, women, and individuals with disabilities, are empowered to live healthier lives with dignity and respect.

"The Dalal Family Foundation is proud to support Imagine's Nights of Support program, which directly aligns with our mission to nurture community wellness and empower children and families through life's most difficult challenges," said Bindu Dalal, Trustee of the Foundation. "Grief support is a critical—yet often overlooked—component of emotional and mental well-being. Imagine's work ensures that no child has to grieve alone."

Last year, Imagine served over 600 participants from 85 towns across New Jersey. In January 2024, Imagine expanded its reach by opening a second location at 570 Broad Street in Newark, making it the only family bereavement center in the state to offer grief support in Spanish. In addition to its Nights of Support program, Imagine responds to schools and workplaces following tragic losses, and has worked closely with state leaders on the recently passed Grief Awareness Bill (S3330), which ensures grief education for students in grades 8–12.

Executive Director Lindsay Schambach expressed deep gratitude: “We are honored and grateful to partner with the Dalal Family Foundation. Their belief in the healing power of community and their investment in our mission ensures more children, teens, and caregivers can access the support they need to grieve in healthy, supportive ways.”

Imagine, A Center for Coping with Loss, is a 501(c)(3) nonprofit that offers grief and loss education and training to the community and free year-round grief support groups for children and families. For more information, please contact Imagine at 908-264-3100 or info@imaginenj.org or visit our website at www.imaginenj.org.